

Childbirth Assistance Program

The Childbirth Assistance Program assures that people who cannot prepare enough money due to financial difficulties, can deliver their child with peace of mind. (Depending on your income, you may incur self-borne expenses.)

Eligibility

Households that are exempt from municipal taxes or are receiving public assistance are eligible for the childbirth assistance program, but must have applied for it and have received approval for using the program from the Public Health and Welfare Section of the ward office of the ward in which you reside or the Public Health and Welfare Section of Miyagi General Branch Office before giving birth. In addition, single parent households may be eligible depending on their income (not applicable when giving birth to the first child).

How to Apply

Please visit one of the contact offices (Home Health Section of each Ward Office or Public Health and Welfare Section of Miyagi General Branch Office) on the back of this flyer as soon as possible.

Required Documents:

- One of the two following documents that can identify your Individual Number (My Number)
 - 1) Individual Number Card (with your photo)
 - 2) Notification Card (without your photo) and identity verification documents such as a driver's license.
- ※ If any information described on your Notification Card has changed from your current situation such as address, the Notification Card cannot be used as the Individual Number verification document. In this case you need to prepare a copy of your Residence Record with your Individual Number printed on it, or the Certificate of Items Listed on the Residence Record.
- ※ The Individual Number Notice cannot be used as an identity verification document or to confirm your Individual Number.
 - Public Assistance Certificate (*seikatsu hogo setai shomeisho*)
 - Maternal and Child Health Handbook (*boshi-kenko-techo*)
 - Health Insurance Card etc.

Self-borne Expenses

In Japan, health insurance does not cover delivery of a baby. However, if you have a health insurance policy, you will be provided with the "Lump-sum Allowance for Childbirth" after giving birth. In addition, you are required to pay the self-borne expenses using part of "Lump-sum Allowance for Childbirth."

- Self-borne expenses for a tax-exempt household is 83,000 yen
(Calculation) *calculation method is stipulated by the Government.
 $20\% \text{ of } 404,000 \text{ yen (Lump-sum Allowance for Childbirth)} \times 20\% + 2,200 \text{ yen} = \underline{83,000 \text{ yen}}$
In the case of twins: $(20\% \text{ of } 404,000 \text{ yen}) \times 2 + 2,200 \text{ yen} = \underline{163,800 \text{ yen}}$

- When you apply for the Childbirth Assistance Program through the Sendai City National Health Insurance Policy, you will receive the amount of money remaining after deducting self-borne expenses from the Lump-sum Allowance for Childbirth; however as a condition, you are required to submit a document of proxy and consent regarding payment of the self-borne expenses.

Please ask for details at the counter.

Hospitals You Can Use with the Childbirth Assistance Program

- Sendai City Hospital
1-1-1 Asuto Nagamachi, Taihaku-ku, Sendai (Tel: 308-7111)
- Sendai Red Cross Hospital
2-43-3 Yagiyama-Honcho, Taihaku-ku, Sendai (Tel: 243-1111)
- Tohoku University Hospital
1-1 Seiryomachi, Aoba-ku, Sendai (Tel: 717-7000)
- Sendai Medical Center
2-8-8 Miyagino, Miyagino-ku, Sendai (Tel: 293-1111)

- When use of the Childbirth Assistance Program has been approved, make sure you get regular checkups at the planned hospital of birth and wait for the day of delivery.
- You can take up to 14 medical check-ups for free, using the tickets included in the separate volume attached to the Maternal and Child Health Handbook (*boshi-kenko-techo*). For more details, please contact the following offices.
- You can stay at the hospital from the day before delivery to the day your doctor allows you to leave. (Basically within 14 days.)

Contact/Application

Home Health Section of Ward Office or Public Health and Welfare Section of Miyagi
General Branch Office in which you reside –

Aoba Ward Office	Tel: 225-7211
Miyagi General Branch Office, Aoba Ward	Tel: 392-2111
Miyagino Ward Office	Tel: 291-2111
Wakabayashi Ward Office	Tel: 282-1111
Taihaku Ward Office	Tel: 247-1111
Izumi Ward Office	Tel: 372-3111