

**Wishing for Happiness of an Expected Baby**  
☀️  
**Guide to  
Childbirth Assistance Program**

The Childbirth Assistance Program assists people who cannot prepare expenses for delivery due to low income so that they can deliver their child with peace of mind. (Depending on your income, you may incur self-borne expenses.)

## Eligibility

Households that are exempt from municipal taxes or are receiving social welfare are eligible for the childbirth assistance program, but must have applied for it and have received approval for using the program from the Home Health Section of their ward office or the Public Health and Welfare Section of Miyagi General Branch before giving birth.

## How to Apply

Please consult with one of the contact offices (Home Health Section of each Ward Office or Public Health and Welfare Section of Miyagi General Branch) on the back of this flyer as soon as possible.

Required Documents:

- \* Documents proving your Individual Number (My Number) (either 1. or 2.)
  1. Individual Number Card (with your photo)
  2. Notification Card (without your photo) and identity verification document such as a driver's license.
    - ※ If the Notification Card cannot verify your Individual Number, you need to prepare a copy of your Residence Record with your Individual Number printed on it, or the Certificate of Items Listed on the Resident Record.
    - ※ The Individual Number Notice cannot be used as an identity verification document or to confirm your Individual Number.
- \* If there is a person living with you, a hand-written consent form, tax-exempt certificate, etc. must be submitted.
- \* Social Welfare Certificate
- \* Maternal and Child Health Handbook
- \* Health Insurance Card, etc.



## Self-borne Expenses

You are required to pay the self-borne expenses for a part of “Lump-sum Allowance for Childbirth,” which will be provided after giving birth if you have a health insurance policy.

- Self-borne expenses for a social welfare household is 0 yen
  - Self-borne expenses for a tax-exempt household is 99,800 yen
- \* 20% of 488,000 yen [Lump-sum Allowance for Childbirth] + 2,200 yen = 99,800 yen
- In the case that you receive the “Lump-sum Allowance for Childbirth” through the Sendai National Health Insurance Policy, the amount of money remaining after self-borne expenses are deducted will be provided if you delegate the City and give consent regarding the payment of self-borne expenses. Please ask for details at the counter.

## Hospitals accepting the use of the Childbirth Assistance Program

- **Sendai City Hospital**

1-1 Asuto Nagamachi 1, Taihaku-ku, Sendai (Tel: 022-308-7111)

- **Sendai Red Cross Hospital**

43-3 Yagiyama-Honcho 2, Taihaku-ku, Sendai (Tel: 022-243-1111)

- **Tohoku University Hospital**

1-1 Seiryomachi, Aoba-ku, Sendai (Tel: 022-717-7000)

- **Sendai Medical Center**

11-12 Miyagino 2, Miyagino-ku, Sendai (Tel: 022-293-1111)

**Childbirth Assistance Program:** When use of the program has been approved, make sure to get regular prenatal medical checkups at the planned hospital of birth and wait for the day of delivery.

**Prenatal medical check-ups:** You can take the check-ups up to 14 times for free, using the tickets included in the separate volume attached to the Maternal and Child Health Handbook. For more details, please contact the following offices.

**Eligible term of use:** You can use the program from the day before delivery to the day allowed by your doctor. (In principle within 14 days.)

### **Contact / Application**

◆ Home Health Section of your Ward Office or Public Health and Welfare Section of Miyagi General Branch ◆

Aoba Ward Office	Tel: 022-225-7211
Miyagi General Branch, Aoba Ward	Tel: 022-392-2111
Miyagino Ward Office	Tel: 022-291-2111
Wakabayashi Ward Office	Tel: 022-282-1111
Taihaku Ward Office	Tel: 022-247-1111
Izumi Ward Office	Tel: 022-372-3111

**May 2023, City of Sendai**