

Labour Bureau Information (労働局の情報)

The Labour Bureau is a place where people who are employed can consult about their job or working. It can also help with resolving conflicts with an employer.

【Consulting in foreign languages】

There are consultation staff who can speak Chinese and Vietnamese.

Can also consult by telephone.

- Foreign Laborer Consultation Corner

Location: Supervision Section, Labour Standards Department, Miyagi Labour Bureau
(Sendai Godochosha Bldg.4, 8F, Teppomachi 1, Miyagino-ku, Sendai)

Hours: Chinese Mon·Tue·Thu 9:30 a.m. - 5:00 p.m. (unavailable 12:00 p.m. - 1:00 p.m.)

Vietnamese Tue·Wed·Fri 9:00 a.m. - 4:30 p.m. (unavailable 12:00 p.m. - 1:00 p.m.)

TEL: (022) 299-8838

*Available consultation days may change. Consultation in foreign languages are assigned to certain days. Please see website for details.

<https://jsite.mhlw.go.jp/miyagi-roudoukyoku/3/350/35012.html>

【Phone consultation in foreign languages】

Can call in English, Chinese, Korean, Vietnamese, Nepali, Tagalog, Thai, Indonesian, Mongol, Cambodian (Khmer), Burmese, Portuguese, Spanish.

- Telephone Consultation Service for Foreign Workers

Can consult by telephone on weekdays 10:00 a.m. - 3:00 p.m. (unavailable 12:00 p.m. - 1:00 p.m.).

Telephone number and days of the week available for consultation differ by language.

Regular calling charges apply.

Please see website for details.

<https://www.check-roudou.mhlw.go.jp/soudan/foreigner.html>

- Labour Standards Advice Hotline

Can consult by phone on weekdays (Mon. - Fri.) 5:00 p.m. - 10:00 p.m., and on weekends and holidays 9:00 a.m. - 9:00 p.m.

Telephone number and days of the week available for consultation differ by language. Calling is free (0 yen). Please see website for details.

<https://www.check-roudou.mhlw.go.jp/lp/hotline/>

【Rules and laws when working】

Be sure to learn the labour rules and laws of Japan.

There are important rules and laws concerning pay, overtime, vacation, and injuries.

「Model Notice of Employment for Foreign Workers」

English

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-4.html>

Chinese

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-5.html>

Korean

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-6.html>

Vietnamese

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-8.html>

Nepali

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-12.html>

Tagalog

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-2.html>

Thai

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-13.html>

Indonesian

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-7.html>

Burmese

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-11.html>

Portuguese

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-3.html>

Spanish

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-1.html>

Khmer

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-9.html>

Mongolian

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040325-10.html>

「Working Conditions Handbook」

Japanese

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-6.html>

English

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-3.html>

Chinese

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-4.html>

Korean

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/korea.html>

Vietnamese

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/vietnam.html>

Nepali

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-17.html>

Tagalog

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-7.html>

Thai

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-18.html>

Indonesian

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-15.html>

Burmese

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-16.html>

Portuguese

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-2.html>

Spanish

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-1.html>

Cambodian

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-19.html>

Mongolian

<https://www.mhlw.go.jp/new-info/kobetu/roudou/gyousei/kantoku/040330-20.html>

There is material available in other languages as well.

Please see website for details.

https://jsite.mhlw.go.jp/miyagi-roudoukyoku/2/212_00007.html

Consulting at the Sendai Multicultural Center

Can consult with employees of the Miyagi Labour Bureau at the Sendai Multicultural Center.

30 minutes per person. Free of charge.

Consultation details are confidential.

Can request an interpreter if you do not understand Japanese.

Location: Sendai Multicultural Center (Conference Building 1F, Sendai International Center, Aobayama, Aoba-ku, Sendai)

Time: 1:00 p.m. - 4:00 p.m.

TEL: (022) 224-1919

Email: tabunka@sentia-sendai.jp

Consultation days are decided in advance.

Please see website for details.

<http://int.sentia-sendai.jp/j/download/exchange/Labour-Bureau.pdf>