

Emergencies

※ Please call these numbers only in case of emergency, not for questions or consultations.

Police: 110 (Accidents and incidents)

Ambulance/ fire: 119 (Sudden illnesses and fires) (available in 17 languages ※)

※ Support in English, Chinese, Korean, Thai, Vietnamese, Indonesian, Tagalog, Nepali, Portuguese, Spanish, French, German, Italian, Russian, Malay, Burmese, and Khmer.

- “Adult Emergency Consultation”: Consultation hotline for when you are unsure whether you should call an ambulance

#7119 or TEL: 022-706-7119 (Japanese only)

Weekdays 7:00 p.m.-8:00 a.m. of the next day; Saturdays 2:00 p.m.-Sunday 8:00 a.m.; Sundays and (national) holidays 24 hours

- “Miyagi Children Nighttime at Ease Call”: Consultation hotline for when a child becomes suddenly ill or injured at night

#8000 or TEL: 022-212-9390 (Japanese only) Everyday 7:00 p.m.-8:00 a.m. of the next day

- Hospitals (medical facilities) that accept emergency cases at night and on weekends are listed below.

Sendai Emergency Medical Care Center 64-12 Funacho, Wakabayashi-ku TEL: 022-266-6561	Internal medicine	Weekdays	7:15 p.m.-7:00 a.m.	
		Saturdays	2:45 p.m.-7:00 a.m.	
		Sundays and (national) holidays	9:45 a.m.-12:00 p.m. 1:15 p.m.-5:00 p.m. 6:00 p.m.-7:00 a.m.	
	Surgery	Weekdays	7:15 p.m.-11:00 p.m.	
		Saturdays	2:45 p.m.-11:00 p.m.	
		Sundays and (national) holidays	9:45 a.m.-12:00 p.m. 1:15 p.m.-5:00 p.m. 6:00 p.m.-11:00 p.m.	
	Orthopedics Ophthalmology Gynecology Otolaryngology	Sundays and (national) holidays	9:45 a.m.-12:00 p.m. 1:15 p.m.-5:00 p.m.	
	Sendai Hokubu Emergency Medical Care Center 2F, 1-1-2 Tsutsumimachi, Aoba-ku TEL: 022-301-6611	Internal medicine Surgery	Weekdays	7:15 p.m.-11:00 p.m.
			Saturdays	2:45 p.m.-11:00 p.m.
Sundays and (national) holidays			9:45 a.m.-12:00 p.m. 1:15 p.m.-5:00 p.m. 6:00 p.m.-11:00 p.m.	

Sendai Children's Emergency Medical Care Center 1F, 1-1-1 Asuto Nagamachi, Taihaku-ku TEL: 022-247-7035	Pediatrics (internal diseases only)	Weekdays	7:15 p.m.-7:00 a.m.
		Saturdays	2:45 p.m.-7:00 a.m.
		Sundays and (national) holidays	9:45 a.m.-12:00 p.m. 1:15 p.m.-5:00 p.m. 6:00 p.m.-7:00 a.m.
Sendai Dental Association Emergency Dentistry Center 12F, 2-12-2 Itsutsubashi, Aoba-ku TEL: 022-261-7345	Dentistry	Saturdays	7:00 p.m.-10:30 p.m.
		Sundays and (national) holidays	10:00 a.m.-11:30 a.m. 1:00 p.m.-3:30 p.m. 7:00 p.m.-10:30 p.m.

※ Local hospitals and medical institutions also accept emergency cases on weekends on a rotating basis. This system is called “*kyujitsu-toban-i*”.

Hours: 9:00 a.m.-4:00 p.m.

For details, please see the City of Sendai website: [ホーム Top](#) > [暮らしの情報 Living Information](#) > [暮らしの安全・安心 Safe and Secure Living](#) > [救急・休日当番医 Emergencies and Kyujitsu-toban-i](#)

※ The Sendai City website has an auto-translate function. Please select a language from the “Foreign Language” box in the top right corner of the screen.

Earthquakes

An earthquake can occur at any time.

Remember the following tips to be prepared for an earthquake.

●How to prepare for an earthquake●

(1) Imagine what you would do

What would you do if an earthquake occurred right now? Discuss a variety of scenarios with your family and friends.

(2) Ensure your home is safe

Would your furniture or TV fall over in an earthquake? Lights on the ceiling are safer if they are light in weight. Keep slippers, a radio, and a flashlight by your bed.

(3) Identify safe places and routes in your neighborhood

Find a safe place near your home, such as a wide open space where things would not come falling down in an earthquake. If you live near the ocean, find a safe, high place you could evacuate to in case of a tsunami.

(4) Confirm where your evacuation center (refuge area) is

Sendai municipal elementary and junior high schools and other facilities are designated as evacuation centers (refuge areas).

A list of evacuation centers can be found on the International Relations Department section of SenTIA's website [Top](#) > [Information in Foreign Languages](#) > [Disaster Prevention](#) > [Refuge Area List](#) (J, E, C, K)