

Other Information

● Studying Japanese ●

There are many places to learn Japanese in Sendai. You can search for the type of class that suits you best.

Classroom style	There are classrooms where you can gather to study Japanese. Textbooks are used in these classes. There are also classes catered to children.
Small group	You can talk and be taught in small groups.
One-on-one	You can study one-on-one with Japanese volunteers. The time and location of lessons can be adjusted.
Online	There are websites where you can study online. There are also sites where you can learn foreign languages.

For more details, visit the “SentTIA Community-based Japanese Education Portal Site”:

<https://int.sentia-sendai.jp/nihongo-en/>



The International Relations Department section of SentTIA's website

● Japanese Language Proficiency Test (JLPT) ●

The Japanese Language Proficiency Test is a test aimed at non-native speakers and is held twice a year, once in July and once in December. Applications can be submitted online.

For more information see the JEES (Japanese Educational Exchanges and Services) website

Japanese Language Proficiency Test <https://info.jees-jlpt.jp/> (J, E)

● Scholarships for international students in Japan ●

In Japan, there are various scholarships on offer for exchange students. You can view a pamphlet with a list of the main scholarships on offer from the Study in Japan informational website below.

Pamphlets for scholarships for international students in Japan

<https://www.studyinJapan.go.jp/ja/planning/brochures/> (J)

<https://www.studyinJapan.go.jp/en/planning/brochures/> (E)

● Obtaining information ●

Questions and consultations about daily life

Sendai Tourism, Convention and International Association (SenTIA), International Relations Department 	English available. Weekdays 9:00 a.m. - 5:30 p.m. Keihan Sendai Ichibancho Bldg. 6F, 3-3-20 Ichibancho, Aoba-ku, Sendai TEL: 022-268-6260 Fax: 022-268-6252 HP : https://int.sentia-sendai.jp/e/ X (Formerly Twitter) : https://x.com/SENTIA_info/ Facebook : https://www.facebook.com/sendai.sira/
Sendai Multicultural Center (SenCUL)   Interpretation Support Hotline	English, Chinese, Korean, Vietnamese, Nepali, Portuguese, Spanish, Thai, Russian, Indonesian, Tagalog, Italian, French, German, Malay, Khmer, Burmese, Mongolian, Sinhala, Hindi, Bengali, Urdu and Ukrainian available. Provides daily life consultations for foreign residents and offers advice for multicultural community building. 9:00 a.m. - 5:00 p.m. ※Closed: Sundays, holidays, second Monday of each month, Year End and New Year holidays. If a holiday falls on the Monday we are closed, we will be closed the following Monday. TEL: 022-265-2471 FAX: 022-265-2472 Interpretation Support Hotline TEL: 022-224-1919 E-mail: tabunka@sentia-sendai.jp
Specialist Consultations for Foreign Residents 	Free consultation and interpretation. Held periodically. Reservation required. Specialists from the Miyagi Administrative Scrivener Association, Sendai Bar Association, Sendai Regional Immigration Bureau, Miyagi Labour Bureau, Tohoku Tax Accountants' Association, and the Sendai City Entrepreneurship Support Center ASSISTA are available for consultation. TEL: 022-265-2471 (Sendai Multicultural Center)
OASIS (Open Assist & Support in Sendai)	This citizen group dispatches accompanying volunteers to help foreigners who find communication in Japanese difficult, or are not yet used to life in Japan by accompanying them on visits to public offices, private organizations, educational institutes, hospitals, etc. TEL: 022-265-2471 (Inside Sendai Multicultural Center)

Miyagi International Association (MIA)	English and Chinese available. Weekdays 8:30 a.m. - 5:15 p.m. Miyagi-ken Sendai Godochosha 7F, 4-17 Tsutsumidori-Amamiyamachi, Aoba-ku, Sendai TEL: 022-275-3796 https://mia-miyagi.jp/
Miyagi Support Center for Foreign Nationals (part of MIA)	Japanese, English, Chinese, Korean, Vietnamese, Tagalog, Indonesian, Nepali, Portuguese, Thai, Hindi, Spanish, Russian and Khmer available. Weekdays 9:00 a.m. - 5:00 p.m. ※ Unavailable on national holidays and during the year-end and New Year's holidays Consultation with other organizations is also available via three-way phone calls (Miyagi International Association (MIA)) TEL: 022-275-9990
Support Hotline, Foreign Language Specialist Line (General Incorporated Association Social Inclusion Support Center)	Phone consultations available in English, Chinese, Korean, Tagalog, Vietnamese, Thai, Portuguese, Spanish, Nepali and Indonesian. (Availability of languages vary depending on the time of the day.) ① Consultation hotline (free dial) Daily 10:00 a.m. - 10:00 p.m. TEL: 0120-279-226 (for Iwate, Miyagi and Fukushima Prefecture only) (TEL: 0120-279-338 if calling from other regions) ※ Press 「2」 after the phone guidance. https://www.since2011.net/yorisoi/n2/ ② Online social media consultations • Phone consultations using Facebook messenger https://www.since2011.net/yorisoi/n2-sns/ • Comarigoto Information Dissemination (chat consultation) https://comarigoto.jp/
Legal Affairs Bureau, Foreign Language Human Rights Consultation Line	English, Chinese, Korean, Filipino, Portuguese, Vietnamese, Nepali, Spanish, Indonesian and Thai available. Weekdays 9:00 a.m. - 5:00 p.m. TEL: 0570-090911
Japan Legal Support Center, Multi-language Information Services (Hou terasu)	English, Chinese, Korean, Spanish, Portuguese, Vietnamese, Tagalog, Nepali, Thai and Indonesian available. Weekdays 9:00 a.m. - 5:00 p.m. TEL: 0570-078377 ※ IP phone • Prepaid phone TEL: 050-3754-5430

El Sola Sendai	Only available in Japanese (you may arrange and bring your own interpreter) ① Consultations for women • General consultations in person (reservations required) Monday, Wednesday- Saturday 9:00 a.m. - 5:00 p.m., Tuesday 9:00 a.m. - 9:00 p.m. TEL: 022-268-8302 • Telephone consultations Monday, Wednesday - Saturday 9:00 a.m. - 3:30 p.m. TEL: 022-224-8702 • Legal consultations with a lawyer (in person only) (prior reservations and screening interview required) ② Consultation desk for discrimination based on sex, etc. Monday-Saturday 9:00 a.m. - 5:00 p.m. TEL: 022-268-8043 ※ Excluding national holidays, 2 days closed per month, and the year-end and New Year's holidays.
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Notices about Sendai City

Sendai City Newsletter (Webpage, app)	Published by the City of Sendai every month. Notices about various administrative systems and events etc. ● Multilingual Edition Digest https://www.city.sendai.jp/koryu/foreignlanguage/en/newsletter-02/index.html (City of Sendai) ● Catalog Pocket (App) (English, Korean, Traditional Chinese Characters, Simplified Chinese Characters, Thai, Portuguese, Spanish, Indonesian and Vietnamese supported through automatic translation). https://www.city.sendai.jp/shiminkoho/shise/koho/catalogpocket/en.html (City of Sendai)
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Sendai Tourist Information

Sendai Tourist Information Center	English available. Daily 8:30 a.m. - 7:00 p.m. (December 31-January 3 9:00 a.m. - 5:00 p.m.) JR Sendai Station 3F TEL: 022-222-4069
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Informational booklets for foreigners

Information in Foreign Languages provided by the City of Sendai and SenTIA	Multilingual information related to topics such as daily life, disaster risk reduction, health and medical treatment, and child and family. https://int.sentia-sendai.jp/e/information/ (SenTIA)
Daily Life Support Portal for Foreign Nationals (Immigration Services Agency Website)	Multilingual information about topics including daily life and work for foreign residents living in Japan and those who support them. https://www.moj.go.jp/isa/support/portal/ (Immigration Services Agency, Ministry of Justice)

● Contact information for the Prefectural Office, City Hall, and ward offices ●

Miyagi Prefectural Office	3-8-1 Honcho, Aoba-ku	TEL: 022-211-2111
Sendai City Hall	3-7-1 Kokubuncho, Aoba-ku	TEL: 022-261-1111
Aoba Ward Office	1-5-1 Kamisugi, Aoba-ku	TEL: 022-225-7211
Izumi Ward Office	2-1-1 Izumi-chuo, Izumi-ku	TEL: 022-372-3111
Taihaku Ward Office	3-1-15 Nagamachi-minami, Taihaku-ku	TEL: 022-247-1111
Miyagino Ward Office	2-12-35 Gorin, Miyagino-ku	TEL: 022-291-2111
Wakabayashi Ward Office	3-1 Hoshuinmaecho, Wakabayashi-ku	TEL: 022-282-1111
Miyagi General Branch Office	5 Kannondo, Shimoayashi, Aoba-ku	TEL: 022-392-2111
Akiu General Branch Office	45-1 Ohara, Nagafukuro, Akiu-machi, Taihaku-ku	TEL: 022-399-2111

● Public Facilities in Sendai City ●

The following public facilities are located within Sendai City.

○ Libraries

There are seven public libraries in Sendai City. Library card holders can borrow and make reservations for library materials. Libraries can be used for free.

For more details, visit the Sendai City Library website:

<https://lib-www.smt.city.sendai.jp/> (J・E・C・K)



○ Citizen Centers (Shimin Centers)

Citizen Centers are communal facilities where citizens can partake in grassroot activities and lifelong learning. Citizens can use these facilities to learn, interact, and promote community building.



For more details, visit the Citizen Center User Guide: <https://www.hm-sendai.jp/siminc/> (J)

Besides the aforementioned facilities, there are also other public facilities including parks, cultural facilities, sports facilities, and more.

For more details, visit the City of Sendai website

In addition, the following facilities have entrance fee reductions or exemption schemes for international students and their families.

Eligibility	(1) Individuals residing in the City whose status of residence is “Student” (2) Individuals enrolled in universities/junior college/vocational school/specialized training college located in Sendai City whose status of residence is “Student” (3) Family members accompanying individuals who meet requirements (1) or (2) ※ Published information is subject to change. For details, inquire at each facility directly.
How to redeem	Show your student ID and residence card at the reception of a facility

Participating facilities	Address/Phone number/ Website	
Sendai Yagiyama Zoological Park	1-43 Yagiyama Honcho, Taihaku-ku TEL : 022-229-0631 https://www.city.sendai.jp/zoo/index.html	
Sendai Literature Museum	 2-7-1 Kitane, Aoba-ku TEL : 022-271-3020 https://www.sendai-lit.jp/	
Sendai City Museum	26 Kawauchi, Aoba-ku TEL : 022-225-3074 https://www.city.sendai.jp/museum/index.html	
Sendai City Science Museum	 4-1 Dainohara Forest Park, Aoba-ku TEL : 022-276-2201 http://www.kagakukan.sendai-c.ed.jp/	
Sendai Astronomical Observatory	9-29-32 Nishikigaoka, Aoba-ku TEL : 022-391-1300 https://www.sendai-astro.jp/	
Sendai City Museum of History and Folklore	 1-3-7 Gorin, Miyagino-ku (Inside Tsutsujigaoka Park) TEL : 022-295-3956 https://www.sendai-c.ed.jp/~bunkazai/~rekimin/index.html	
Sendai City War Reconstruction Memorial Hall	2-12-1 Ohmachi, Aoba-ku TEL : 022-263-6931 https://www.hm-sendai.jp/sisetu/sensai/index.html	
Sendai City Tomizawa Site Museum	 4-3-1 Nagamachi-minami, Taihaku-ku TEL : 022-246-9153 https://www.sendai-c.ed.jp/~bunkazai/~chiteinomori/	
Sendai City Jomon Site Park	10-1 Yamada-Uenodaicho, Taihaku-ku TEL : 022-307-5665 https://www.sendai-c.ed.jp/~bunkazai/~jyoumon/	
Sendai City Akiu Otaki Botanical Garden	 5 Otaki, Baba Akiu-machi, Taihaku-ku TEL : 022-399-2761 http://sendai-green-association.jp/green/akiu/	
Sendai Wild Plants Garden (Yasoen)	2-1-1 Mogasaki, Taihaku-ku TEL : 022-222-2324 http://sendai-green-association.jp/green/yasouen/	

(Yubi-sashi Kaiwa) ゆび かいわ 指さし会話 Point-and-Speak Phrase Chart	(Wakarimasu) わ 分かります。 I understand.	(Wakarimasen) わ 分かりません。 I don't understand.
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あ こうもく ゆび
 当てはまる項目を指でさしてください。Point to what you would like to say.

●緊急 (Kinkyū) ●Emergency

(Tasukete kudasai) たす 助けてください！ Help!	(Kyūkyūsha o yonde kudasai) きゅうきゅうしゃ よ 救 急 車 を呼んでください。 Please call an ambulance.	(Keisatsu o yonde kudasai) けいさつ よ 警察を呼んでください。 Please call the police.
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●病院 (Byōin) ●Hospital

(Taichō wa dō desu ka) たいちょう 体調はどうですか？ Are you feeling ok?	(Byōin ni ikitai desu) びょういん い 病院に行きたいです。 I want to go to a hospital.	(Dōki ga shimasu) どう き 動悸がします。 I have heart palpitations.
(Atama ga itai desu) あたま いた 頭が痛いです。 I have a headache.	(Hakike ga shimasu) は け 吐き気がします。 I feel sick.	(Onaka ga itai desu) なか いた お腹が痛いです。 I have a stomachache.
(Memai ga shimasu) めまいがします。 I feel dizzy.	(Geri o shiteimasu) げ り 下痢をしています。 I have diarrhea.	(Arerugi ga arimasu) アレルギーがあります。 I have an allergy.

●災害 (Saigai) ●Disaster

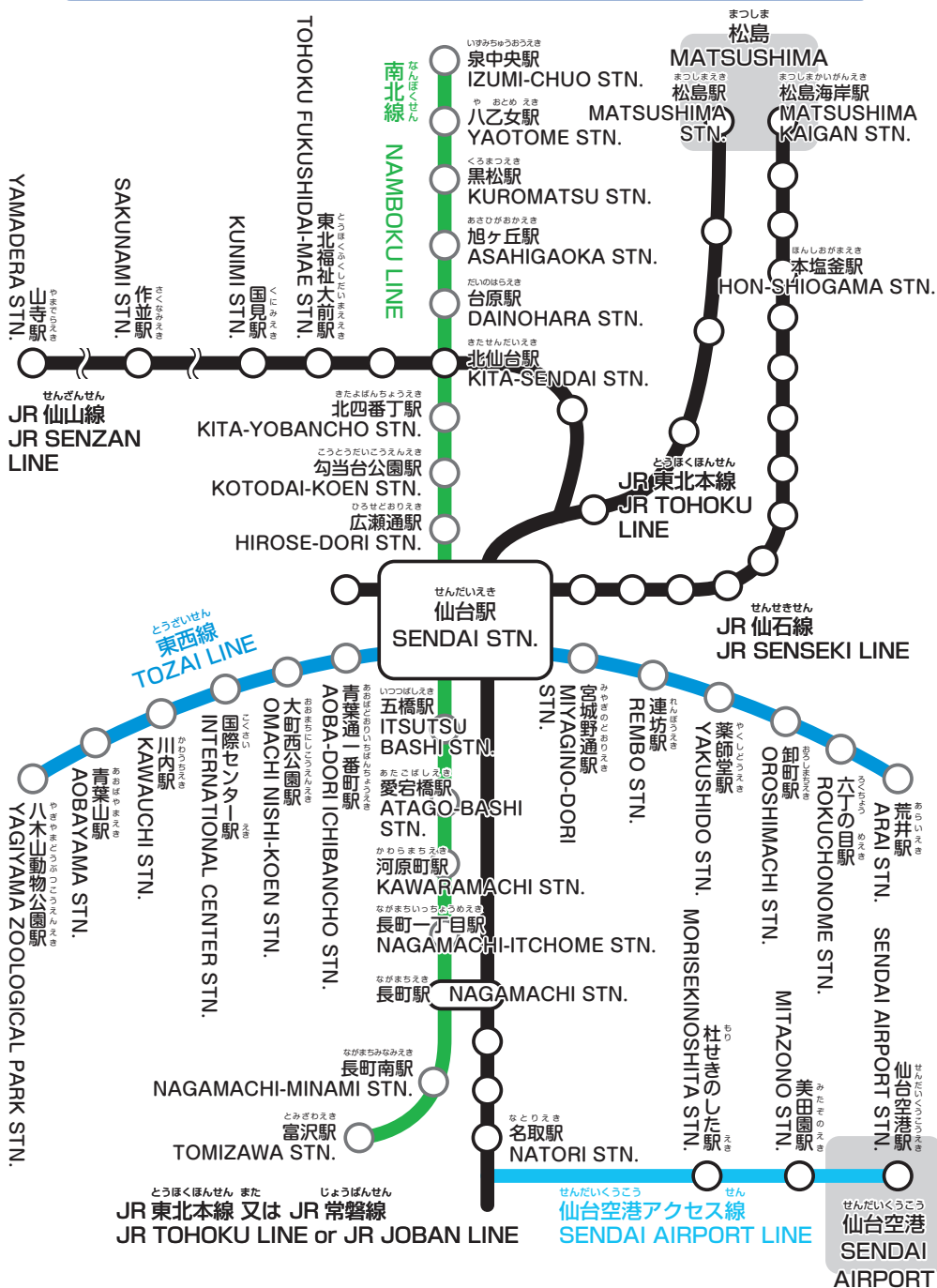
(Jishin) じしん 地震 Earthquake	(Tsunami) つ な み 津波 Tsunami	(Taifū) たいふう 台風 Typhoon
(Ji suberi) じ 地すべり Landslide	(Ōame) おおあめ 大雨 Heavy rainfall	(Bōfū) ぼうふう 暴風 Violent storm
(Kōzui) こうずい 洪水 Floods	(Dosha Saigai) どしゃさいがい 土砂災害 Mudslide	(Mōsho) もうしょ 猛暑 Heat wave

せんだいたぶんかきょうせいセンター つうやく だんわ
 仙台多文化共生センター 通訳サポート電話 (TEL : 022-224-1919)

Sendai Multicultural Center Interpretation Support Hotline TEL: 022-224-1919

仙台周辺路線図

Sendai area transportation



SenCUL

Sendai Multicultural Center

せん だい た ぶん か きょう せい

仙台多文化共生センター

「23言語で話せます。」

23言語で 話せます。	にほんご 日本語	えいご 英語	ちゅうごくご 中国語	かんごくご 韓国語	べ트남ご ベトナム語	ねぱるご ネパール語	たがろご タガログ語
	English	中文	한국어	Tiếng Việt	नेपाली भाषा	Tagalog	
たいご タイ語	ポルトガルご ポルトガル語	スペインご スペイン語	ロシアご ロシア語	インドネシアご インドネシア語	イタリアご イタリア語	フランスご フランス語	ドイツご ドイツ語
ภาษาไทย	Português	Español	Русский	Bahasa Indonesia	Italiano	Français	Deutsch
マレーご マレー語	クメールご クメール語	ミャンマーご ミャンマー語	モンゴルご モンゴル語	シンハラご シンハラ語	ヒンディーご ヒンディー語	ベンガルご ベンガル語	ウルドゥーご ウルドゥー語
Bahasa Melayu	ខ្មែរ	မြန်မာဘာသာ	Монгол хэл	සිංහල	हिन्दी	বাংলা	اردو

※他の言語でも話せることがあります。Other Languages may be available.

Multilingual support for foreign residents

外国人のための多言語サポート

面向外国人的多语言支援 為外國人提供多語言支援

외국인을 위한 다언어 서포트

Hỗ trợ nhiều ngôn ngữ cho người nước ngoài

विदेशी नागरिकहरूको लागि बहुभाषामा दोभाषे सहायता



※無料です(電話料金ががかかります)。秘密は守ります。
Free and Confidential (usual call rates apply).

困ったら、まず相談してください。Please consult with us if you have any problems.

Interpretation Hotline & Consultation

外国人のための通訳電話・相談窓口

面向外国人的口译热线 咨询窗口

提供给外國人的口譯專線、諮詢窗口

외국인을 위한 통역전화·상담창구

Hotline hỗ trợ thông dịch và tư vấn cho người nước ngoài

विदेशी नागरिकहरूको लागि दोभाषे हटलाइन, परामर्श सेवा

☎ 022-224-1919

✉ tabunka@sentia-sendai.jp

あいている じかん: 9:00~17:00*

Opening hours: 9 a.m.~5 p.m.*

* 休館日: 日曜、祝日、第2月曜日(祝日の場合は翌週)、年末年始。

* Closed: Sundays, public holidays, 2nd Monday monthly (3rd if the 2nd is a holiday), Year-End/New Year holidays.

Sendai Multicultural Center

仙台多文化共生センター

仙台多文化共生中心

센다이 다문화공생센터

Trung tâm đa văn hóa Sendai

सेन्दाई बहुसांस्कृतिक समाज केन्द्र

SenCUL

<https://int.sentia-sendai.jp/>



日本語
にほんご



英語
English



中国語
ちゅうごくご



韓国語
かんごくご



ベトナム語
Tiếng Việt



ネパール語
नेपाली भाषा

仙台市 City of Sendai

(公財) 仙台観光国際協会 (SenTIA)

がいこくじん

せんもんそうだんかい

外国人のための専門相談会

Specialist Consultations for Foreign Residents

面向外国人的专家咨询会 / 為外國人舉辦的專門諮詢會 / 외국인을 위한 전문상담회

Buổi tư vấn chuyên môn dành cho người nước ngoài

विदेशी नागरिका लागि विशेषज्ञ परामर्श कार्यक्रम

せんもんきかん むりよう そうだんかい せいかつ なか こま そうだん
—— 専門機関による、無料の相談会です。生活の中で困っていることを、相談できます。 ——

These are free consultations held by specialist organizations. You can consult about problems in your life.
由专门机关举办的免费咨询会。可以咨询生活中遇到的问题。/ 由専門機構提供的免費諮詢會。可以諮詢在生活中遇到的問題。

전문기관에 의한 무료 상담회입니다. 센다이에서 생활하다가 생긴 곤란한 일에 대해서 상담해 드립니다.

Đây là buổi tư vấn miễn phí do các cơ quan chuyên môn tổ chức. Bạn có thể trao đổi về những khó khăn trong cuộc sống.

यो कार्यक्रम विशेषज्ञहरूले आफ्नो सङ्गठन द्वारा, निःशुल्क रूपमा दिइने परामर्श हो। दैनिकजीवनयापनको क्रममा आईपर्ने कुनै पनि समस्याहरूको बारेमा,

परामर्श लिन सकिने छ।



そうだん つうやく むりよう えん
相談・通訳は、無料(0円)です。

ひみつ まも
秘密は、守ります。

そうだん せんもんきかん
相談できること、専門機関、
かいさいにちじ もうしこみほうほう
開催日時、申込方法など



No fees required (0 yen) for consultation and interpretation. Consultation details are kept confidential.

Consultation Topics, Specialist Organizations, Dates & Times and How to Apply



咨询、翻译(口译)是免费的(0日元)。
保守秘密。

可以咨询的事例、专门机关、
举办日期、申请方法等



諮詢／口譯 免費。嚴守秘密。

可以諮詢的內容、專門機構、
舉辦日期與時間、如何申請等



상담・통역은 무료입니다.
비밀 엄수합니다.

상담 가능한 내용, 전문기관,
개최일시, 신청방법 등



Tư vấn và phiên dịch đều miễn phí (0 yên)
Chúng tôi đảm bảo giữ bí mật

Những vấn đề có thể tư vấn, cơ
quan chuyên môn, thời gian tổ
chức và phương thức đăng ký v.v



परामर्श, दोभाषे, निःशुल्क (० एन) हो।
गोपनियता कायम राखिनेछ।

परामर्श लिन मिल्ने कुराहरु, विशेषज्ञ
संस्था, कार्यक्रम संचालन मिति र समय,
आवेदन दिने तरिका आदिको लागि



せんだいたぶんかきょうせい
仙台多文化共生センター
Sendai Multicultural Center



せんだいしあおぼくこくぶんちょう せんだい かい
仙台市青葉区国分町3-6-1 仙台パークビル1階
Sendai Park Building 1F, 3-6-1 Kokubuncho, Aoba-ku, Sendai

TEL: 022-224-1919

Email: tabunka@sentia-sendai.jp

https://int.sentia-sendai.jp/exchange/

 **Sentia**
Sendai Tourism, Convention and
International Association