

Basics / VI. Work

You can work in Japan if your status of residence allows it and the nature of the work matches the eligibilities outlined by your status of residence.

Employment agencies (registration required to use services)

Hello Work Sendai	Sendai MT Bldg. 4F, 4-2-3 Tsutsujigaoka, Miyagino-ku TEL: 022-299-8819 【Foreigners' Employment Service Corner】 Chinese consultation hours: Tuesday 10:00 a.m. - 3:30 p.m. (excluding 12:00 p.m. - 1:00 p.m.) English consultation hours: Thursday 10:00 a.m. - 3:30 p.m. (excluding 12:00 p.m. - 1:00 p.m.) *Days and hours of operation are subject to change Search for jobs online at https://www.hellowork.mhlw.go.jp/ (J)
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You can also search for jobs using the free pamphlets distributed at train stations and supermarkets.

【Useful words for job-hunting】

Shuro shikaku shomeisho	Document certifying that you are eligible to work in Japan.
Shikaku-gai katsudo	Authorization necessary for you to be able to work a job that falls outside of the eligibilities outlined by your status of residence. This permit is necessary even for international students who would like to work part-time jobs. For details, see page 9.
Shashin tsuki rirekisho	A form (resumé) on which you outline your academic and work history, as well as other information. It is submitted to companies or shops where you wish to seek employment. It is necessary even when seeking part-time work. You can learn how to fill out this form here: https://www.tia.toyota.aichi.jp/jp-site/e-learning/ (Toyota Nihongo e-learning: E, C, Portuguese, Spanish) ※ In addition to a <i>rirekisho</i> , you may also need to submit a <i>shokumu keirekisho</i> (CV).
Shorui senko	The process of potential employers reviewing your <i>rirekisho</i> in order to decide whether to hire you or not.
Mensetsu	A job interview. Your <i>rirekisho</i> will be used as a reference.

Job Hunting Guide for International Students

A guide created by the Japan Student Services Organization (JASSO) (J, E).

https://www.jasso.go.jp/ryugaku/after_study_j/job/guide.html