

Emergencies ※ Please call these numbers only in the case of an emergency, not for questions or consultations.

Police: 110 (Accidents and incidents)

Ambulance/ fire: 119 (Medical emergencies and fires) (20 languages supported※)

※ Support in English, Chinese, Korean, Thai, Vietnamese, Indonesian, Tagalog, Nepali, Portuguese, Spanish, French, German, Italian, Russian, Malay, Burmese, Khmer, Sinhala, Hindi and Bengali.

- “Adult Emergency Consultation”: Consultation hotline for when you are unsure whether you should call an ambulance
#7119 or TEL: 022-706-7119 (Japanese only)
24 hours a day, 365 days a year
- “Miyagi Children Nighttime at Ease Call”: Consultation hotline for when a child becomes suddenly ill or injured at night
#8000 or TEL: 022-212-9390 (Japanese only) Everyday 7:00 p.m. - 08:00 a.m. of the next day
- Hospitals (medical facilities) that accept emergency cases at night and on weekends are listed below.

Sendai Emergency Medical Care Center 64-12 Funacho, Wakabayashi-ku TEL: 022-266-6561	Internal medicine	Weekdays	7:15 p.m. - 7:00 a.m.
		Saturdays	2:45 p.m. - 7:00 a.m.
		Sundays and (national) holidays	9:45 a.m. - 12:00 p.m. 1:15 p.m. - 5:00 p.m. 6:00 p.m. - 7:00 a.m.
	Surgery	Weekdays	7:15 p.m. - 11:00 p.m.
		Saturdays	2:45 p.m. - 11:00 p.m.
		Sundays and (national) holidays	9:45 a.m. - 12:00 p.m. 1:15 p.m. - 5:00 p.m. 6:00 p.m. - 11:00 p.m.
	Orthopedics Ophthalmology Gynecology Otolaryngology	Sundays and (national) holidays	9:45 a.m. - 12:00 p.m. 1:15 p.m. - 5:00 p.m.
Sendai Hokubu Emergency Medical Care Center	Internal medicine Surgery	Weekdays	7:15 p.m. - 11:00 p.m.
		Saturdays	2:45 p.m. - 11:00 p.m.

2F, 1-1-2 Tsutsumimachi, Aoba-ku TEL: 022-301-6611		Sundays and (national) holidays	9:45 a.m. - 12:00 p.m. 1:15 p.m. - 5:00 p.m. 6:00 p.m. - 11:00 p.m.
Sendai Children's Emergency Medical Care Center 1F, 1-1-1 Asuto Nagamachi, Taihaku-ku TEL: 022-247-7035	Pediatrics (internal medicine only)	Weekdays	7:15 p.m. - 7:00 a.m.
		Saturdays	2:45 p.m. - 7:00 a.m.
		Sundays and (national) holidays	9:45 a.m. - 12:00 p.m. 1:15 p.m. - 5:00 p.m. 6:00 p.m. - 7:00 a.m.
Sendai Dental Association Emergency Dentistry Center 6-12-4 Arai, Wakabayashi-ku TEL: 022-261-7345	Dentistry	Saturdays	6:00 p.m. - 9:30 p.m.
		Sundays and (national) holidays	10:00 a.m. - 11:30 a.m. 1:00 p.m. - 3:30 p.m. 6:00 p.m. - 9:30 p.m.

※ Local hospitals and medical institutions also accept emergency cases on weekends on a rotating basis. This system is called “*kyujitsu-toban-i*”. Hours: 9:00 a.m. - 4:00 p.m.
For details, please see the City of Sendai website.

Earthquakes

An earthquake can occur at any time.

Remember the following tips to be prepared for an earthquake.

● Preparing for an earthquake ●

(1) Imagine what you would do

What would you do if an earthquake occurred right now? Discuss a variety of scenarios with your family and friends.

(2) Ensure your home is safe

Would your furniture or TV fall over in an earthquake? Lights on the ceiling are safer if they are light in weight. Keep slippers, a radio, and a flashlight by your bed.

(3) Identify safe places and routes in your neighborhood

Find a safe place near your home, such as a wide open space where things would not come falling down in an earthquake. If you live near the ocean, find a safe, high place you could evacuate to in case of a tsunami.

(4) Confirm where your evacuation center (refuge area) is

Sendai municipal elementary, junior high schools and other facilities are designated as evacuation centers (refuge areas).

A list of evacuation centers can be found on the International Relations Department section of the SenTIA website.