

# Childbirth Assistance Program

The Childbirth Assistance Program assures that people who cannot prepare enough money due to financial difficulties, can deliver their child with peace of mind. (Depending on your income, you may incur self-borne expenses.)

## Eligibility

Households that are exempt from municipal taxes or are receiving public assistance are eligible for the childbirth assistance program, but must have received approval for using the program from the Public Health and Welfare Section of the ward office of the ward in which you reside in before giving birth.

In addition, single parent households may be eligible depending on their income (not applicable when giving birth to the first child).

## How to Apply

Please visit one of the contact offices (Home Health Section of each Ward Office or Public Health and Welfare Section of Miyagi General Branch Office) on the back of this flyer as soon as possible.

Required Documents:

- One of the two following documents that can identify your Individual Number (My Number)
  - 1) Individual Number Card (with your photo)
  - 2) Notification Card (without your photo) and identity verification documents such as a driver's license.
- ※ In case the information on the Notification Card is the same as that on the Residence Record, the Notification Card can be used as Individual Number verification document. However, if these are different, you need to prepare a copy of your Residence Record with your Individual Number printed on it, or the Certificate of Items Listed on the Residence Record.
- ※ From May 2020, the Notification Card cannot be used as an identity verification document to identify yourself or to confirm your Individual Number.
- Public Assistance Certificate (*seikatsu hogo setai shomeisho*)
- Maternal and Child Health Handbook (*boshi-kenko-techo*)
- Health Insurance Card etc.

## Self-borne Expenses

In Japan, health insurance does not cover delivery of a baby. However, if you have a health insurance policy, when you give birth, you will be provided with "Lump-sum Allowance for Childbirth." When you use the Childbirth Assistance Program, you should use a part of "Lump-sum Allowance for Childbirth," which will be provided through your health insurance to pay the self-borne expenses.

- Self-borne expenses for a tax-exempt household is 83,000 yen

(Calculation) \*calculation method is stipulated by the Government.

20% of 404,000 yen (Lump-sum Allowance for Childbirth) × 20% + 2,200 yen = 83,000 yen

In the case of twins: (20% of 404,000 yen) × 2 + 2,200 yen = 163,800 yen

Please ask for details at the counter.

## Hospitals You Can Use with the Childbirth Assistance Program

- Sendai City Hospital  
Asuto Nagamachi 1-chome 1-1, Taihaku-ku, Sendai (Tel: 308-7111)
- Sendai Red Cross Hospital  
Yagiyama-Honcho 2-chome 43-3, Taihaku-ku, Sendai (Tel: 243-1111)
- Tohoku University Hospital  
Seiryomachi 1-1, Aoba-ku, Sendai (Tel: 717-7000)
- Sendai Medical Center  
Miyagino 2-chome 8-8, Miyagino-ku, Sendai (Tel: 293-1111)

- When use of the Childbirth Assistance Program has been approved, make sure you get regular checkups at the planned hospital of birth and wait for the day of delivery.
- You can take up to 14 medical check-ups for free, using the tickets included in the separate volume attached to the Maternal and Child Health Handbook (*boshi-kenko-techo*). For more details, please contact the following offices.
- You can stay at the hospital from the day before delivery to the day your doctor allows you to leave. (Basically within 14 days.)

### Contact/Application

- Home Health Section of Ward Office or Public Health and Welfare Section of Miyagi General Branch Office in which you reside –

Aoba Ward Office	Tel: 225-7211
Miyagi General Branch Office, Aoba Ward	Tel: 392-2111
Miyagino Ward Office	Tel: 291-2111
Wakabayashi Ward Office	Tel: 282-1111
Taihaku Ward Office	Tel: 247-1111
Izumi Ward Office	Tel: 372-3111