7 Points to prevent infections at home

Individual rooms

- If you feel ill or are suspected of being infected, try not to leave the room whenever possible, have meals in your own room, as well sleeping separately.
- If having an individual room is impossible, please use a room divider or curtain etc.

Care by limited person

- Particularly people with health conditions should avoid caring for ill-conditioned persons whenever possible.

Wear a face mask at home as well

- All housemates should wear face masks.
- Wash hands with soap or disinfect with alcohol after taking off a face mask.

Wash hands and Ventilate frequently

- Wash hands with soap or disinfect with alcohol frequently and avoid touching facial parts such as eyes, nose, and mouth with unwashed hands.
- Use a fan or leave windows slightly open and ventilate common space and other rooms while keeping room temperature.

Disinfect shared items

- Clean and sanitize parts touched often such as doorknobs, and washrooms frequently. Don't share towels and dishes. When taking a bath, let ill-conditioned people use last, and wash with shower hose and ventilate the bath room after use.

Wear gloves and face mask for laundry

- When dealing with soiled garments or bed clothes with fluids such as body waste, wear gloves and a face mask and wash them with general home use detergent and fully dry them.

Seal garbage to dispose

- Put soiled tissue paper, masks and other items in a plastic bag immediately, seal and dispose of it.